

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ben Vermeulen

Has successfully participated & completed the

20km Tshufi Hill Challenge Mathaithai Trail Run 2019

held at Lebone College.

TIME 02:24:04

PACE 07:12/km

OVERALL 34 of 70

GENDER 30 of 58

40+ 11 of 17

26 October 2019, Sat

Date



Bout Time